



Take the hassle out of purchasing and delivering snacks to school for that special occasion by ordering nutritional snacks from the Central DeWitt CSD Nutrition Department. These snacks are all peanut and tree nut free items. All other allergens will be listed next to the products.

Child's Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

# of Children \_\_\_\_\_

Contact person: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Choose one (1) Snack:

- Fresh Apples (fresh fruit)
- Cheddar Popcorn (milk)
- Racing Ranch Goldfish Crackers (wheat, milk)
- Rice Krispi Treats (milk & soy)
- Scooby Doo Fruit Snacks (These are GLUTEN FREE)
- Gogurt These will served frozen. (milk) (GLUTEN FREE)
- Oven Baked Lays (soy)
- Scooby Doo Cinnamon Grahams (wheat, soy)
- Keeblers Animal Crackers (wheat, soy)
- Fruit by the Foot (contains pear juice)

Send order form and payment to: Central DeWitt CSD: Attn: Nutrition Service, 331 E 8<sup>th</sup> Street P.O. Box 110 DeWitt, Iowa 52742. Make checks payable to Central DeWitt CSD. Only prepaid orders received at least 1 week in advance will be filled and delivered.

Payment Due: \_\_\_\_\_ x \$.75 = \_\_\_\_\_  
# of Students Total

## Central DeWitt Community School District

### Healthy Snacking = Healthy Kids

The Healthy Kid's Act was created to improve the health of our children and a healthier environment in our schools. To assist with creating this healthier environment at Central DeWitt CSD, we ask for your cooperation in seeing that all treats and/or snacks offered at school meet the Healthy Kid's Act requirements. The snacks must be individually wrapped with a label. Below is a list of examples of snacks approved for our school. To prevent possible allergic reactions, please send treats and snacks purchased at a store and have an ingredient label on the package stating the content of the food.

#### Classroom Treat/Snack List:

All fresh fruit (whole, the teacher will cut up)  
All fresh veggies (whole. the teacher will cut up)  
Goldfish crackers  
100% fruit juice (must be in individual boxes)  
Baked chips  
Bottled water  
Simply Chex Mix  
Dried Fruit (all varieties)  
Fig Newtons  
Smart Foods Popcorn (low or no salt)  
Pretzels  
String Cheese  
Yogurt/ Gogurt  
Quaker Kids Snack (Cereal Mixture)  
Oreo Cookies  
Cinnamon Teddy Grahams  
Animal Crackers  
Graham Crackers  
Vegetable Chips  
Rice Snacks  
Cheese Nips

If there is an item not listed that you would like the district to consider as an acceptable snack idea, please contact Dede Wagener @ 563-659-4725 or [dede.wagener@central-csd.org](mailto:dede.wagener@central-csd.org).

Need help with treats/ snacks? Not a problem, order your child's birthday treat through school. (See back for details)